

WAMC LAKE MONGER RUN – 7th June, 2009

3 km

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
1	10:13		EL MANSOURI, Nabil	M35	1	8871	3:24
2	10:39		LEWIN, Andrew	MU	1	8218	3:33
3	10:42		DOWS, Brett	M25	1	N	3:34
4	11:05		BILLINNESS, Ricky	M25	2	3626	3:42
5	11:12	1	CASTLE, Hannah	F16	1	7866	3:44
6	11:13		MILLER, Chartt	MU	2	8650	3:44
7	11:18	2	CONNELL, Mathilda	FU	1	N	3:46
8	11:23		ELWELL, Matthew	MU	3	8640	3:48
9	11:34		DEFIDDES, Samuel	MU	4	7520	3:51
10	11:39	3	HOLMES, Katrina	FU	2	N	3:53
11	11:59		GRIFFITHS, Sean	M45	1	7910	3:60
12	12:22		TODD, Spencer	MU	5	N	4:07
13	12:37		FRAMPTON, Chris	M40	1	5969	4:12
14	12:38	4	DEFIDDES, Rebecca	F16	2	7519	4:13
15	12:38		MORTIMORE, Steve	M40	2	6222	4:13
16	12:45		GRIFFITHS, Trevor	MU	6	7911	4:15
17	12:46		IKIN, Matthew	MU	7	N	4:15
18	12:50	5	TATLOW, Claudia	FU	3	N	4:17
19	12:51	6	JACOBS, Nicole	FU	4	N	4:17
20	13:07	7	THORNE, Rikki	FU	5	N	4:22
21	13:18	8	WISNIEWSKI, Kathleen	F25	1	8754	4:26
22	13:22	9	CASTLE, Anna	F40	1	7865	4:27
23	13:25		HARA, Michael	M40	3	N	4:28
24	13:27	10	PEGRUM, Kelsey	F16	3	N	4:29
25	13:28		ANDERSON, Giles	MU	8	N	4:29
26	13:29	11	FITZGERALD, Kate	F16	4	N	4:30
27	13:34	12	MACDONALD, Erica	FU	6	N	4:31
28	13:34	13	TATLOW, Nicola	F16	5	N	4:31
29	13:43	14	HOOPER, Sophie	FU	7	N	4:34
30	13:44	15	JOHNSON, Keely	FU	8	N	4:35
31	13:45	16	TAIT, Megan	FU	9	N	4:35
32	13:47	17	BOURN, Sue	F40	2	N	4:36
33	14:02	18	THORNTON, Phoebe	F16	6	N	4:41
34	14:04		DIXON, Nathan	M25	3	N	4:41
35	14:05	19	KOLM, Ella	FU	10	N	4:42
36	14:05	20	CROFTS, Madeline	F16	7	N	4:42
37	14:06		WEBB, Jayden	MU	9	N	4:42
38	14:07	21	BEER, Natalya	FU	11	N	4:42
39	14:08	22	SIVERTSEN, Sinead	FU	12	N	4:43
40	14:21	23	WEBB, Ebony	FU	13	N	4:47
41	14:22		WEBB, Lindsay	M45	2	N	4:47
42	14:23	24	FRASER, Megan	FU	14	N	4:48
43	14:24		UNKNOWN, Runner			N	4:48
44	14:38		LOVELADY, Morgan	MU	10	8893	4:53
45	14:44	25	THORNE, Tobi	FU	15	N	4:55
46	14:45	26	O'GRADY, Eleanor	FU	16	N	4:55
47	14:45	27	GROSE, Karri	F16	8	N	4:55
48	14:48	28	O'CONNOR, Eloise	FU	17	N	4:56
49	14:49	29	SMITH, Kelly	FU	18	N	4:56
50	14:50	30	HANCOCK, Tracy	F40	3	N	4:57
51	14:52	31	TOOHEY, Alex	FU	19	N	4:57
52	14:56		UNKNOWN, Male			N	4:59
53	14:58	32	MCPHEE, Caitlin	FU	20	N	4:59
54	14:60		OBORNE, Cale	MU	11	8669	5:00
55	15:01	33	WANSBROUGH, Kym	FU	21	N	5:00
56	15:02	34	HOUSE, Holly	FU	22	N	5:01
57	15:04	35	ADDIS, Bridget	FU	23	N	5:01
58	15:04		CHETTLEBURGH, Grant	M30	1	N	5:01
59	15:05		STEAD, Gray	M45	3	N	5:02
60	15:10		UNKNOWN, Male			N	5:03
61	15:19	36	BULLOW, Kate	F35	1	N	5:06
62	15:20	37	LAW, Emily	FU	24	N	5:07
63	15:21	38	DO, Ly	FU	25	N	5:07
64	15:21	39	OLINS-MILLER, Tala	FU	26	N	5:07
65	15:22	40	ORR, Sophie	FU	27	N	5:07
66	15:23	41	RUMBALL, Bridget	FU	28	N	5:08
67	15:25	42	OBORNE, Kira	FU	29	8668	5:08
68	15:31	43	OBORNE, Jodie	F35	2	8475	5:10
69	15:32		TIBBITS, Peter	M55	1	N	5:11
70	15:55	44	DODD, Danielle	FU	30	N	5:18
71	15:58	45	LEHANE, Rose	FU	31	N	5:19
72	16:06	46	TOLARDO, Arianna	FU	32	N	5:22
73	16:20	47	HARDINGHAM, Edie Francis	FU	33	8670	5:27
74	16:21	48	CHEVIN, Alex	FU	34	N	5:27
75	16:22		MITTON, James	M25	4	8875	5:27
76	16:32		TODD, Harrison	MU	12	N	5:31
77	16:37	49	JOHNSON, Emmi Ann	FU	35	N	5:32
78	17:06	50	DE GRUCHY-ALCO, Gillian	F40	4	N	5:42

3 km (cont.)

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
79	17:13	51	ADDIS, Emily	FU	36	N	5:44
80	17:33	52	KENNER, Anya	FU	37	N	5:51
81	17:33	53	ALLAN, Donna	F40	5	N	5:51
82	17:33	54	ALLNUTT, Sarah	FU	38	N	5:51
83	17:46		JOHNSON, Peter	M45	4	N	5:55
84	17:47		MACLENNAN, Martin	MU	13	8600	5:56
85	18:19	55	WEBB, Margaret	F35	3	N	6:06
86	18:19	56	WEBB, Margaret	F35	4	N	6:06
87	18:20	57	BROWN, Kim	F25	2	N	6:07
88	18:22	58	O'NEILL, Catherine	F45	1	8876	6:07
89	18:25	59	CROUCH, Regina	F40	6	8654	6:08
90	18:33		KELLY, Myles	MU	14	N	6:11
91	18:37	60	BOLTON, Lene	F55	1	8739	6:12
92	18:42	61	LEGGETT, Kendal	F30	1	N	6:14
93	18:43		JACKSON, Ethan	MU	15	N	6:14
94	18:59	62	DEFIDDES, Andrea	F45	2	7781	6:20
95	19:08	63	BOLTON, Gita	F25	3	8736	6:23
96	19:38	64	COURTNEY, Ingrid	F30	2	8693	6:33
97	20:34	65	LANGFORD, Natalie	F30	3	8725	6:51
98	20:47	66	DUNJEY, Claire	F16	9	N	6:56
99	20:47	67	ELLOITT, Fiona	F25	4	N	6:56
100	20:52	68	DUNJEY, Kylie	F40	7	N	6:57
101	20:59	69	HARDING, Charlotte	FU	39	N	6:60
102	21:34	70	QUINN, Karene	F35	5	N	7:11
103	21:42	71	STRZELECKI, Christine	F50	1	N	7:14
104	22:46	72	KIOSSES, Fiona	F35	6	8918	7:35
105	29:59	73	MURPHY, Helen	F50	2	N	9:59
106	30:00		VAZ PINTO, Simao	MU	16	N	9:59

10 km

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
1	32:47		COURTNEY, Stephen	M30	1	8694	3:17
2	34:55		LEE, Mark	M30	2	N	3:30
3	34:59		FUERY, Liam	M25	1	7577	3:30
4	35:55		ELLIOTT, Simon	M40	1	1313	3:36
5	36:30		PEELING, Peter	M25	2	5995	3:39
6	36:56		PENDSE, Jon	M25	3	8313	3:42
7	37:01		SHEELY, Daniel	M20	1	N	3:42
8	37:44		HANDS, Cyrus	M25	4	N	3:46
9	38:16		PRESS, Alistair	M40	2	N	3:50
10	38:18		ROBINSON, Todd	M20	2	N	3:50
11	38:30		ODAM, Paul	M45	1	1439	3:51
12	38:36		POWELL, Frank	M25	5	8896	3:52
13	38:39		O'DONNELL, Manus	M45	2	7285	3:52
14	38:43		GOWER, Alan	M50	1	4614	3:52
15	38:47		DEBENHAM, James	M30	3	N	3:53
16	38:55		OBORNE, Tim	M35	1	8667	3:54
17	39:02		CHIPMAN, Richie	M20	3	N	3:54
18	39:09		CANE, David	M40	3	8064	3:55
19	39:09		KIERATH, Joe	M16	1	N	3:55
20	39:10		FERGUSON, James	M35	2	N	3:55
21	39:15		MACKAY, Rod	M40	4	N	3:56
22	39:19		WRENN, Scott	M25	6	N	3:56
23	39:26		HENDERSON, Stuart	M35	3	8913	3:57
24	39:39		LANGFORD, Grant	M30	4	522	3:58
25	39:40		OWEN, James	M35	4	8715	3:58
26	39:56	1	RYAN, Katherine	F35	1	N	3:60
27	39:58		CUMMINS, Terry	M45	3	6707	3:60
28	40:08		CATTRALL, Robert	M50	2	4793	4:01
29	40:08		THOMSON, Scott	M25	7	N	4:01
30	40:13		GROSE, Peter	M60	1	6680	4:01
31	40:20		KOLBE, Evan	M35	5	3849	4:02
32	40:27		WISNIEWSKI, Matthew	M30	5	8416	4:03
33	40:31		SINGLETON, Terry	M40	5	5274	4:03
34	40:37		BISHOP, David	M50	3	N	4:04
35	40:42		PAYNE, Donald	M40	6	N	4:04
36	40:54		MORTIMER, Asher	M20	4	N	4:05
37	40:56		JOHNSON, Corey	M30	6	N	4:06
38	41:00		HOLTAN, Kristoffer	M30	7	N	4:06
39	41:03		WARING, Justin	M40	7	N	4:06
40	41:29		GRAY, Philip	M40	8	N	4:09
41	41:34		IRELAND, Kevin	M40	9	5177	4:09
42	41:37		MCKAY, Chris	M25	8	N	4:10
43	41:42		NEILSON, Peter	M45	4	N	4:10
44	41:43		GAMBLE, Simon	M20	5	N	4:10
45	41:45		POUHLIADEFF, Steve	M30	8	N	4:11

10 km (cont.)

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
46	41:47	²	YOUD, Joanne	F30	1	7803	4:11
47	41:49		MCDONNELL, Michael	M20	6	N	4:11
48	41:50		CUMMINS, Christopher	M16	2	7409	4:11
49	41:56	³	NORE, Heidi*	F25	1	8566	4:12
50	42:05		AMSTAY, Alex	M30	9	N	4:13
51	42:09		COWIE, Ian	M45	5	4424	4:13
52	42:12	⁴	SMITH, Rachael	F30	2	N	4:13
53	42:13		SIMPKINS, Marc	M25	9	8847	4:13
54	42:27	⁵	LESSER-KASSBOHM, Christine	F35	2	N	4:15
55	42:40		FOGARTY, Matthew	M45	6	8791	4:16
56	42:44		DOWIE, Jack	M45	7	N	4:16
57	42:47		GRAY, Alan	M45	8	N	4:17
58	42:48		LUXFORD, Neil	M50	4	7611	4:17
59	43:09		CLARKE, Brendan	M45	9	1811	4:19
60	43:12	⁶	GEYER, Katrina	F30	3	8510	4:19
61	43:21		GRIFFITHS, John	M50	5	6262	4:20
62	43:28		RATAJEWSKI, Adam	M20	7	N	4:21
63	43:30		KAY, Robert	M35	6	8443	4:21
64	43:32		ROBERTSON, Craig	M50	6	N	4:21
65	43:39		ALLEN, Rick	M50	7	8756	4:22
66	43:41	⁷	TIBBITS, Jenni	F20	1	6721	4:22
67	43:42		BELL, Tristan	M40	10	8576	4:22
68	43:55		HARLING, Steven	M40	11	8586	4:24
69	43:56		EDWARDS, Bob	M45	10	4144	4:24
70	44:07		WARD, Tristan	M25	10	N	4:25
71	44:08		HENDERSON, Barry	M30	10	8916	4:25
72	44:10		REDDAN, Sean	M40	12	7176	4:25
73	44:11		FLAHIVE, Martyn	M40	13	6140	4:25
74	44:34		ROBERTSON, Trevor	M55	1	5891	4:27
75	44:36		PASSMORE, Adam*	M30	11	8199	4:28
76	44:44		EMMETT, Eric	M45	11	2084	4:28
77	44:48	⁸	HOLLAND, Teresa	F35	3	N	4:29
78	44:53		SEMLER, Brett	M30	12	N	4:29
79	45:10		O'BRIEN, Christopher	M35	7	N	4:31
80	45:23		OSBORNE, Neal	M50	8	N	4:32
81	45:25		COOPER, Mathew	M35	8	8717	4:33
82	45:35		HARRISON, Jeremy	M55	2	N	4:34
83	45:46		LAURENT, Erik	M35	9	8831	4:35
84	46:01		WELCH, Hugh	M45	12	N	4:36
85	46:02	⁹	TYLER, Melissa	F25	2	N	4:36
86	46:10		SAUNDERS, Colin	M45	13	N	4:37
87	46:25		FRASER, Craig	M45	14	N	4:39
88	46:37	¹⁰	WARD, June	F45	1	8174	4:40
89	46:46		COX, Stephen	M45	15	8846	4:41
90	46:56		LAWSON, Angus*	M55	3	1243	4:42
91	46:59	¹¹	LYNCH, Jessica	F25	3	8616	4:42
92	47:01	¹²	GOWER, Karyn	F45	2	4150	4:42
93	47:06		WILLIAMS, Stephen	M40	14	8922	4:43
94	47:26		TYLER, Darren	M30	13	N	4:45
95	47:37		FROST, Robert	M70	1	2735	4:46
96	47:46	¹³	LOEWENSTEIN, Jo	F45	3	N	4:47
97	47:47		MOHARICH, David	M40	15	N	4:47
98	48:02		D'ADDARIO, Andrew	M35	10	N	4:48
99	48:14		O'BRIEN, Ben	M25	11	N	4:49
100	48:19	¹⁴	THOMPSON, Sarah	F30	4	N	4:50
101	48:19	¹⁵	SAUNDERS, Julie	F25	4	N	4:50
102	48:28		MURRAY, Robert	M35	11	N	4:51
103	48:31		KELLEY, Greg	M45	16	5704	4:51
104	48:33		LACEY, Darryl	M45	17	7278	4:51
105	48:35		UNKNOWN, Male			N	4:52
106	48:42	¹⁶	LEE, Tiffany	F25	5	8865	4:52
107	48:51		LEWIN, David	M55	4	2687	4:53
108	48:52		BAAS, David	M20	8	N	4:53
109	48:57	¹⁷	KROYER, Mara	F30	5	8817	4:54
110	49:06		MELIS, David	M30	14	N	4:55
111	49:07	¹⁸	ALLAN, Sandra	F50	1	N	4:55
112	49:13		BUCK, Christopher	M40	16	N	4:55
113	49:17		PILSNENIKS, Robert	M30	15	7812	4:56

10 km (cont.)

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
114	49:24		BOGGAN, James	M30	16	N	4:56
115	49:43		TAYLOR, Bill	M60	2	5572	4:58
116	49:45		BILLINNESS, John	M55	5	1693	4:59
117	49:50		KERNOT, John	M50	9	8862	4:59
118	50:00		PATERSON, Robert	M35	12	4651	5:00
119	50:05		JOHNSON, David	M35	13	N	5:01
120	50:25	¹⁹	STAPLETON, Sara	F25	6	N	5:03
121	50:28		WILSON, Gregory	M60	3	8591	5:03
122	50:48	²⁰	BILLINNESS, Jan	F55	1	1694	5:05
123	50:52		HADDLETON, Paul	M35	14	N	5:05
124	50:54	²¹	FLAHIVE, Sandra	F35	4	6141	5:05
125	50:57		WILCOX, Malcolm	M55	6	N	5:06
126	51:09	²²	MILLS, Naomi	F25	7	N	5:07
127	51:10	²³	MUNDLE, Keely	F25	8	8742	5:07
128	51:14	²⁴	SCOTT, Megan	F35	5	N	5:07
129	51:15		TODD, Geoff	M45	18	N	5:08
130	51:15		LAWSON, Jeffrey	M40	17	5805	5:08
131	51:17		JAMIESON, Ian	M45	19	7511	5:08
132	51:31	²⁵	GILBERT, Linda	F35	6	N	5:09
133	51:43		MOSSENTON, John	M55	7	N	5:10
134	51:49		THURLOW, Brian	M60	4	932	5:11
135	52:07	²⁶	SIM, Tanya	F35	7	8900	5:13
136	52:10	²⁷	YOUNG, Marilyn	F55	2	3991	5:13
137	52:11	²⁸	PARORA, Sue	F40	1	7077	5:13
138	52:19	²⁹	MACLENNAN, Lorraine	F40	2	8597	5:14
139	53:05		BENNETT, Andrew	M50	10	8907	5:19
140	53:18		SCOTT, Clinton	M25	12	N	5:20
141	53:26		BOSELEY, Roger*	M50	11	5561	5:21
142	53:34	³⁰	DOHR, Claudia	F35	8	N	5:21
143	53:47	³¹	CLARK, Mali	F25	9	N	5:23
144	53:48	³²	HARDING, Elizabeth	F20	2	N	5:23
145	54:05	³³	STEFFANONI, Sally	F45	4	N	5:25
146	54:28		EMBRY, David	M50	12	N	5:27
147	54:30	³⁴	TREEN, Noelene	F50	2	8013	5:27
148	54:32	³⁵	EADE, Sharnae	F20	3	8909	5:27
149	54:36		HARRIS, Gary	M50	13	4284	5:28
150	55:07		UNKNOWN, Male			N	5:31
151	55:52	³⁶	WILSON, Julie	F55	3	8691	5:35
152	56:12	³⁷	STONE, Natasha	F45	5	8433	5:37
153	57:10	³⁸	TOLARDO, Karyn	F40	3	N	5:43
154	57:44	³⁹	LAWES, Shelley	F30	6	N	5:46
155	57:55	⁴⁰	DOHERTY, Kate	F25	10	N	5:48
156	57:56	⁴¹	DOHERTY, Anne	F45	6	N	5:48
157	58:11	⁴²	TOLARDO, Isabella	FU	1	N	5:49
158	58:26	⁴³	NOLAN, Nicole	F40	4	N	5:51
159	58:27		MOHAMAD, Nur Ikhwana	M25	13	N	5:51
160	58:38	⁴⁴	GARREFFA, Wendy	F30	7	N	5:52
161	58:51		HOWE, Daryl	M30	17	6409	5:53
162	59:10	⁴⁵	BUCK, Maxine	F40	5	N	5:55
163	59:17	⁴⁶	BERRYMAN, Melanie	F30	8	N	5:56
164	59:47	⁴⁷	PEGLOW, Silke	F40	6	N	5:59
165	59:57		UNKNOWN, Male			N	5:60
166	1:00:28	⁴⁸	CLIFFORD, Caroline	F25	11	N	6:03
167	1:01:03		CLARK, Stephen	M65	1	8877	6:06
168	1:01:03	⁴⁹	KING, Hayley	F35	9	N	6:06
169	1:02:18	⁵⁰	DONOON, Shellee	F40	7	N	6:14
170	1:02:19	⁵¹	GRAHAM, Regan	F25	12	N	6:14
171	1:02:53		CHEN, Nicki	M25	14	N	6:17
172	1:02:53	⁵²	TEH, Susan	F25	13	N	6:17
173	1:03:14	⁵³	CLARE, Dawn	F30	9	N	6:19
174	1:04:08	⁵⁴	SHILLINGLAW, Loretta	F65	1	6448	6:25
175	1:04:33		KELLY, Michael	M35	15	N	6:27
176	1:04:37		O'CONNOR, Paul	M50	14	N	6:28
177	1:04:53	⁵⁵	STIRLING, Jane	F50	3	8701	6:29
178	1:07:40		UNKNOWN, Male			N	6:46
179	1:07:50		SHELLARD, Peter	M60	5	N	6:47
180	1:10:53	⁵⁶	FAULKNER, Heather	F45	7	N	7:05
181	1:12:09	⁵⁷	PIZZOLANTE, Carmela	F30	10	8550	7:13