

WAMC JOHN FORREST HANDICAP (12.6km)

21 FEBRURAY 2010

ONLY WAMC MEMBERS ELIGIBLE FOR PLACINGS (as only members have an official handicap)

- 1 **SPIGA, Pablo**
- 2 **BRUCE, Garry**
- 3 **TITELIUS, Richard**
- 4 **CROOKES, Stephen**
- 5 **WAUMSLEY, Thomas**

Fastest Male: Dave **KENNEDY** 48:31

Fastest Female: Rachel **WEST** 1:12:08

Place	HCP	Time	Female	Name	Age Cat	Place Age	Member No.	Av Km Rate
		total						
1	10:00	39:39 49:39		PLAIN, Kris	M25	1	N	3:49
2	14:33	41:37 56:10		SPIGA, Pablo	M30	1	9091	4:19
3	14:57	41:38 56:35		BRUCE, Garry	M50	1	9124	4:21
4	10:18	41:59 52:17		TITELIUS, Richard	M45	1	2946	4:01
5	7:46	42:06 49:52		CROOKES, Stephen	M30	2	8776	3:50
6	11:54	43:00 54:54		WAUMSLEY, Thomas	M35	1	7958	4:13
7	16:35	43:03 59:38		LILLY, Liam	M20	1	9087	4:35
8	14:23	43:08 57:31		LINNEY, Greg	M50	2	3761	4:25
9	8:09	43:11 51:20		DUFTY, Craig	M35	2	1864	3:57
10	15:21	43:28 58:49		ALLEN, John	M50	3	6227	4:31
11	4:44	43:47 48:31		KENNEDY, David	M30	3	6703	3:44
12	11:39	43:57 55:36		MAHER, Christopher	M55	1	1289	4:17
13	10:00	44:47 54:47		PALMER, David	M30	4	N	4:13
14	14:31	45:45 1:00:16		HANRETTY, Michael	M45	2	9181	4:38
15	19:03	46:40 1:05:43		FURSE, Nigel	M55	2	6820	5:03
16	16:19	48:38 1:04:57		D'SOUZA, Oscar	M40	1	8025	5:00
17	16:33	49:40 1:06:13		KAY, Robert	M35	3	8443	5:06
18	20:05	50:06 1:10:11		HALE, Michael	M60	1	7230	5:24
19	25:00	51:23 1:16:23	1	ORMSBY, Joanne	F60	1	949	5:53
20	10:00	52:00 1:02:00		PALMER, Mike	M20	2	N	4:46
21	10:00	52:03 1:02:03		GROENVELD, Corin	M16	1	N	4:46
22	25:00	52:54 1:17:54		HICKS, Owen	M60	2	3719	6:00
23	13:33	53:54 1:07:27		GRIMMINCK, Shane	M40	2	5694	5:11
24	10:00	54:05 1:04:05		BONTEMPO, Joseph	M40	3	N	4:56
25	25:00	54:44 1:19:44	2	WILSON, Julie	F55	1	8691	6:08
26	10:00	55:25 1:05:25		NESBITT, Michael	M40	4	8451	5:02
27	10:00	55:31 1:05:31		CASSIDY, Kevin	M45	3	N	5:02
28	25:00	55:56 1:20:56		HUNING, Heiner	M50	4	3683	6:14
29	10:00	57:10 1:07:10		WILLEY, Rod	M35	4	N	5:10
30	15:00	57:17 1:12:17		RACE NO, 9534			N	5:34
31	15:00	58:10 1:13:10		RACE NO, 9535			N	5:38
32	10:00	58:35 1:08:35		VERRET, Gabriel	M25	2	N	5:17
33	13:28	58:40 1:12:08	3	WEST, Rachel	F30	1	5666	5:33
34	18:49	58:41 1:17:30	4	POST, Erin	F20	1	7570	5:58
35	15:00	1:01:05 1:16:05	5	WHITEHEAD, Gemma	F25	1	9203	5:51
36	10:00	1:01:06 1:11:06		JACOBS, Graham	M60	3	265	5:28
37	15:00	1:02:25 1:17:25	6	THOMPSON, Sarah	F30	2	N	5:57
38	10:00	1:02:48 1:12:48		CORNELISSEN, Roelof	M35	5	N	5:36
39	10:00	1:03:02 1:13:02		LAMPERD, Edward	M45	4	N	5:37
40	15:00	1:03:03 1:18:03	7	PARKINSON, Toni	F40	1	N	6:00
41	10:00	1:04:04 1:14:04		STAFFORD, Tim	M35	6	N	5:42
42	18:35	1:06:08 1:24:43	8	ANDERSON, Carrie	F45	1	8722	6:31
43	20:28	1:07:23 1:27:51		KEANE, Sean	M45	5	5420	6:45
44	15:00	1:07:48 1:22:48	9	PANORMO, Trina	F35	1	N	6:22
45	15:00	1:07:49 1:22:49	10	CORNELISSEN, Heidi	F35	2	N	6:22
46	14:33	1:07:56 1:22:29		SCOTT, Leigh	M30	5	8420	6:21
47	10:00	1:08:27 1:18:27		NESBITT, Luke	M16	2	8453	6:02
48	25:00	1:09:04 1:34:04		HART, Roy	M60	4	7045	7:14
49	25:00	1:09:06 1:34:06		CECOTTI, Lucio	M60	5	7402	7:14
50	19:41	1:12:48 1:32:29		FONTE, Justin	M35	7	8617	7:07
51	25:00	1:12:48 1:37:48		COOK, Alan	M50	5	8955	7:31
52	25:00	1:17:16 1:42:16	11	ROBINSON, Zena	F35	3	9185	7:52
53	15:00	1:20:28 1:35:28	12	OTTENS, Bayer	F55	2	N	7:21
54	10:00	1:20:29 1:30:29		SMITH, Larry	M60	6	N	6:58
55	10:00	1:33:45 1:43:45		JACOBS, Jesse	M25	3	N	7:59
56	24:52	1:39:46 2:04:38		HINCE, Steve	M35	8	6493	9:35