

DATE	EVENT	DISTANCE	VENUE	TIME	TYPE
13/01	Lancelin Ocean Classic	12km, 6km & Relay	Lancelin to Ledge Point <a href="https://www.lancelinoceanclassic.com.au/beach-run/">https://www.lancelinoceanclassic.com.au/beach-run/</a>	7.30am	
14/01	Race Directors Training Seminar		WAMC Clubrooms	4pm	
14/01	Burswood Twilight	5km*	WAMC Clubrooms	6pm	N, P
21/01	Matilda Bay Run	10km*, 4km	Charles Court Reserve, Nedlands	7am	N, P, C, K
04/02	Vets Friendship Run	10km, 5km	May Dr Parkland, Kings Park	7am	0
04/02	WAMC Annual Sundowner & Presentations		WAMC Clubrooms	4pm	
11/02	John Forrest Cross Country	12.6km, 6km	Bilgoman Pool Gt. Eastern Hwy, Darlington	7am	N, H, X
12/02	WAMC AGM		WAMC Clubrooms	7pm	
25/02	Point Walter Run	16km*, 5km	Pt Walter Reserve, Burke Dr, Attadale	7am	N, P
04/03	Distance Running Seminar		WAMC Clubrooms	1.30pm	
11/03	Darlington Half Marathon	21.1km*, 8km	Pine Terrace, Darlington	7am	N, P, C
18/03	Peninsula Run	10km*, 5km	WAMC Clubrooms	7am	N, P
02/04	Mount Helena 40 Miler & Relay	64.4km	Mt Helena Tavern	6.30am/7am	S, X
07/04	Asics Bridges Fun Run Expo		McCallum Park	11am-3pm	
08/04	Asics Bridges Fun Run	10km*(IAAF), 5km(IAAF)	McCallum Park	8am/8.15am	S, P
22/04	Lake Gwelup Run	10km*, 5km	Lake Gwelup Sports Centre	7am	N, P
06/05	Perth 32	32km, 10km	WAMC Clubrooms	7am	N
20/05	King of the Mountain	16.1km	Start Helena Valley Primary School Finish Jacoby Park Mundaring	8am	N, X, C
27/05	HBF Run for a Reason		hbfrun.com.au		0
03/06	Shelley Loop	10km*, 3km	Shelley Foreshore	8am	N, P
15/06	Perth Marathon & Relay Pasta Night		WAMC Clubrooms	6.30pm	
16/06	Perth Marathon & Relay Expo		WAMC Clubrooms	11am-3pm	
17/06	Perth Marathon & Relay <small>(State Championship)</small>	42.2 km*(IAAF)	WAMC Clubrooms	7.30am	S, P, C
17/06	Spices Kids Marathon		WAMC Clubrooms	8.45am	S, K, C

## TYPE CLASSIFICATION

**C** Catered Event: Increased race fee applies. **H** Handicap Event. **K** Kids Event: Separate event included for kids usually <1km. No fee, registration or race number required. **N** Normal Club Run: Registration available on the day.

**O** Other: Event not conducted by WAMC but may be of interest to members. Entry fees and registrations variable. **P** Points Awarded for Club Championship: Only those distances marked with an asterisk (\*) will be used to determine Annual Club Awards. To be eligible, members must; be financial, have completed a minimum of 8 'P' events, display their WAMC bib for the event and have completed at least two volunteer duties for the year.

**S** Special Event: Entries will not be accepted on the day for these events with the exception of the Rottneest Running Festival (excluding Marathon). Entry fee variable. See website for individual event details.

**X** Cross-Country Event: The majority of the course is off sealed roads. **IAAF** This event has a current IAAF/AIMS International Measurement Certificate.

Note: An average of 8 minutes per kilometre time restriction applies to all participants. Programme subject to change.

DATE	EVENT	DISTANCE	VENUE	TIME	TYPE
01/07	Roller Coaster Run	10km*, 5km	WAMC Clubrooms	8am	N, P
15/07	Regis Aged Care Women's Classic	10km, 5km	WAMC Clubrooms	8am	S
05/08	Perth Half Marathon <small>(State Half Marathon Championship)</small>	21.1km*(IAAF), 5km	WAMC Clubrooms	8am	S, P
19/08	Lake Joondalup <small>(State 10km Road Race Championship)</small>	10km*, 5km	Rotary Park Scenic Drive, Wanneroo	8am	N, P
26/08	City to Surf		Activ Foundation 9387 0500		0
02/09	Spring To It Run	10km*, 5km	Kent St Weir, Wilson	7.30am	N, P
16/09	Regis Aged Care Fremantle Running Festival	21.1km*, 10km*, 5km	Port Beach, North Fremantle	7.20am	S, P
30/09	Cyril Norman City Beach Cup	7km*, 3km	Jubilee Park, Oceanic Dr	7.30am	N, P, H
07/10	Wally Cairns Pancake Run	15km*, 10km, 5km	May Dr Parkland, Kings Park	7.30am	N, P, K, C
20/10	Goodlife Health Clubs Rottneest Running Festival Expo		Rottneest Island	1pm-4.30pm	
21/10	Goodlife Health Clubs Rottneest Running Festival	42.2km*(IAAF) 21.1km*(IAAF) 10km*(IAAF), 5km(IAAF)	Rottneest Island	6.30am 7.15am 10.30am	S, P S, P S, P
02/11	John Gilmour Track Race	10km*	Coker Park Wharf St, Cannington	40+ 6pm Sub 40 7.15pm	N, P
11/11	Deepwater Point Run	15km*, 7.5km, 3km	The Esplanade, Mt. Pleasant	7am	N, P
25/11	Joondalup Half Marathon	21.1km*(IAAF), 5km	Neil Hawkins Park, Joondalup	7am/7.15am	S, P
09/12	Founders City Beach Run	8km*, 4km	City Beach Kiosk, Challenger Drive	7am	N, P, C
26/12	Parlour Relay	Teams of 2	Perry Lakes Hockey Club	9.30am	N
31/12	New Year's Eve Run	8km*, 4.25km	WAMC Clubrooms	6.30pm	N, P, C

