

John Gilmour Track 10,000m (Sub 40 Minute Race)

1st November 2019

Position	Gun Time	ChestNo	Name	Gender	Gender Pos	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	Lap 12	Lap 13	Lap 14	Lap 15	Lap 16	Lap 17	Lap 18	Lap 19	Lap 20	Lap 21	Lap 22	Lap 23	Lap 24	Lap 25		
1	31:17.2	37470	Gerard Hill	Male	1	01:15.9	01:13.7	01:13.7	01:14.0	01:14.2	01:14.3	01:14.1	01:13.3	01:14.7	01:14.6	01:14.9	01:14.5	01:15.2	01:15.5	01:17.3	01:14.8	01:15.5	01:16.8	01:16.8	01:16.8	01:16.2	01:17.2	01:16.1	01:15.6	01:11.6		
2	32:00.0	7725	Roberto Busi	Male	2																											
3	32:38.7	9678	Matt Di Masi	Male	3	01:15.6	01:14.8	01:14.1	01:16.1	01:15.3	01:16.9	01:17.7	01:17.8	01:17.2	01:18.0	01:18.4	01:18.6	01:20.3	01:19.1	01:19.3	01:19.9	01:20.3	01:20.3	01:20.6	01:20.0	01:19.4	01:21.2	01:19.8	01:19.5	01:18.4		
4	32:51.6	37597	Marc See	Male	4	01:18.0	01:19.0	01:19.1	01:18.7	01:18.8	01:19.3	01:19.5	01:20.6	01:18.0	01:18.3	01:18.7	01:19.7	01:19.3	01:19.7	01:19.7	01:18.2	01:19.0	01:19.8	01:19.7	01:19.7	01:18.1	01:18.1	01:19.0	01:20.6	01:13.1		
5	33:25.0	37472	Ross Lanford	Male	5	01:18.2	01:20.0	01:18.0	01:18.2	01:18.1	01:19.0	01:19.6	01:21.1	01:20.5	01:18.2	01:20.2	01:19.5	01:21.0	01:21.1	01:19.7	01:21.7	01:20.3	01:22.6	01:22.7	01:20.8	01:21.8	01:21.4	01:20.2	01:20.4	01:20.5		
6	33:45.0	520	Drew Lanford	Male	6																											
7	33:52.5	12414	Daniel Barnes	Male	7	01:17.7	01:20.4	01:18.5	01:18.6	01:19.2	01:20.4	01:20.1	01:21.0	01:20.4	01:21.8	01:20.5	01:22.1	01:22.4	01:23.2	01:23.5	01:23.2	01:22.8	01:23.0	01:22.6	01:23.4	01:22.6	01:22.6	01:23.3	01:21.0	01:18.3		
8	34:09.0	37473	Mark Lee	Male	8	01:17.5	01:19.8	01:19.8	01:20.3	01:21.5	01:22.1	01:20.8	01:22.9	01:22.4	01:22.6	01:22.4	01:22.1	01:21.9	01:24.2	01:23.5	01:22.0	01:24.7	01:24.1	01:23.2	01:23.5	01:23.4	01:22.9	01:24.6	01:23.3	01:13.4		
9	36:16.8	13186	Daniel Wedge	Male	9	01:21.8	01:25.1	01:26.8	01:26.6	01:26.2	01:25.8	01:24.4	01:26.8	01:27.1	01:26.2	01:25.1	01:26.8	01:28.2	01:28.7	01:28.7	01:27.8	01:28.4	01:28.4	01:28.7	01:29.4	01:29.6	01:29.2	01:29.2	01:29.2	01:29.2	01:28.9	01:27.7
10	37:01.3	10875	Luke Munro	Male	10	01:26.4	01:29.6	01:29.8	01:28.7	01:28.5	01:27.6	01:27.7	01:27.7	01:28.7	01:28.4	01:28.5	01:27.8	01:28.8	01:30.7	01:29.4	01:29.6	01:29.2	01:29.2	01:30.2	01:28.7	01:29.9	01:30.7	01:30.8	01:31.3	01:23.6		
11	37:27.4	37592	Chris Martin	Male	11	01:29.6	01:31.8	01:29.0	01:30.1	01:30.1	01:29.6	01:29.8	01:28.0	01:28.2	01:28.1	01:29.1	01:29.5	01:30.5	01:29.9	01:31.0	01:31.2	01:30.4	01:30.2	01:32.8	01:31.0	01:31.5	01:31.0	01:30.8	01:29.9	01:24.4		
12	37:32.3	9766	Steve McKean	Male	12	01:25.0	01:28.8	01:25.8	01:28.0	01:30.2	01:30.2	01:30.3	01:28.9	01:29.5	01:31.1	01:30.9	01:30.9	01:31.6	01:31.4	01:31.1	01:32.1	01:30.3	01:30.7	01:32.3	01:30.8	01:31.1	01:32.0	01:31.7	01:32.7	01:24.9		
13	37:36.3	8430	Kevin Matthews	Male	13	01:24.7	01:28.4	01:26.2	01:26.4	01:27.2	01:27.6	01:28.7	01:29.4	01:30.0	01:29.9	01:30.2	01:30.9	01:30.8	01:30.9	01:31.2	01:30.8	01:31.9	01:32.2	01:32.3	01:33.4	01:33.2	01:33.0	01:32.2	01:33.3	01:31.7	01:29.2	
14	37:54.0	37580	Stephen Crookes	Male	14	01:29.9	01:33.6	01:34.7	01:34.6	01:34.8	01:34.8	01:34.9	01:34.7	01:35.4	01:35.4	01:26.7	01:32.4	01:33.4	01:33.1	01:33.6	01:26.8	01:29.9	01:26.9	01:28.6	01:27.4	01:28.6	01:28.2	01:26.9	01:26.8	01:21.8		
15	37:54.6	8313	Jon Pendse	Male	15	01:24.4	01:28.1	01:26.3	01:26.3	01:25.5	01:25.7	01:25.7	01:26.6	01:28.0	01:28.8	01:27.9	01:29.3	01:28.6	01:29.6	01:28.6	01:28.4	01:28.8	01:36.0	01:36.1	01:37.2	01:36.7	01:42.2	01:44.0	01:46.7	01:29.2		
16	37:57.9	12270	Jamie Lynch	Male	16	01:29.9	01:28.5	01:31.6	01:25.8	01:26.9	01:27.6	01:28.2	01:27.8	01:30.1	01:31.9	01:32.0	01:33.0	01:33.7	01:34.0	01:34.0	01:33.8	01:33.0	01:33.4	01:34.0	01:35.6	01:34.7	01:33.0	01:36.6	01:32.2	01:28.9	01:22.4	
17	38:29.0	37593	Jesse McEwan	Male	17	01:25.9	01:32.6	01:34.9	01:36.3	01:37.4	01:35.8	01:35.0	01:34.7	01:35.1	01:34.7	01:31.9	01:33.2	01:32.7	01:32.4	01:32.5	01:30.7	01:31.5	01:30.5	01:30.5	01:30.6	01:33.3	01:30.0	01:29.7	01:30.5	01:26.5		
18	39:07.0	14077	Richard Allen	Male	18																											
19	39:38.9	37471	John Foley	Male	19	01:29.0	01:34.0	01:34.6	01:34.3	01:35.9	01:34.1	01:35.0	01:34.8	01:35.3	01:34.9	01:36.1	01:36.2	01:35.2	01:35.6	01:36.9	01:35.5	01:35.5	01:36.7	01:37.7	01:37.4	01:37.8	01:37.5	01:36.9	01:34.8	01:27.3		
20	39:49.0	37584	Alex Haley	Male	20	01:23.5	01:26.1	01:30.3	01:31.6	01:30.7	01:31.8	01:33.0	01:35.0	01:33.0	01:35.0	01:35.0	01:37.0	01:36.0	01:38.0	01:35.0	01:39.0	01:37.0	01:41.0	01:41.0	01:36.0	01:47.0	01:44.0	01:39.0	01:35.0	01:35.0		
21	39:58.9	13134	Steve White	Male	21	01:29.5	01:34.5	01:34.9	01:33.7	01:37.1	01:35.9	01:34.6	01:34.7	01:34.9	01:34.7	01:37.1	01:36.9	01:36.1	01:37.0	01:37.6	01:39.0	01:37.0	01:39.6	01:39.1	01:38.5	01:38.8	01:37.6	01:39.0	01:39.0	01:35.0	01:26.4	
22	39:59.7	12328	Pete Wall	Male	22	01:30.6	01:34.1	01:34.4	01:34.4	01:36.5	01:34.3	01:34.3	01:35.2	01:34.6	01:34.7	01:35.5	01:36.4	01:35.3	01:36.1	01:36.5	01:36.1	01:37.4	01:38.6	01:38.1	01:38.2	01:38.1	01:40.5	01:39.3	01:39.4	01:31.2		

John Gilmour Track 10,000m (40+ Minute Race)

1st November 2019

Position	Gun Time	ChestNo	Name	Gender	Gender Pos	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10	Lap 11	Lap 12	Lap 13	Lap 14	Lap 15	Lap 16	Lap 17	Lap 18	Lap 19	Lap 20	Lap 21	Lap 22	Lap 23	Lap 24	Lap 25	
1	39:02.2	37599	Kim Thomas	Male	1	01:26.3	01:33.4	01:31.1	01:29.7	01:31.7	01:31.4	01:29.9	01:30.1	01:31.3	01:33.0	01:32.6	01:32.8	01:31.1	01:31.8	01:30.8	01:30.8	01:34.0	01:35.7	01:37.2	01:37.6	01:38.4	01:39.5	01:37.8	01:38.2	01:46.0	
2	39:31.7	37467	Glenn Hotchen	Male	2	01:30.9	01:33.4	01:34.7	01:34.8	01:34.0	01:34.2	01:34.4	01:35.1	01:35.5	01:35.4	01:35.4	01:34.7	01:35.2	01:34.4	01:36.4	01:35.9	01:34.8	01:35.4	01:35.1	01:37.6	01:36.6	01:35.9	01:34.0	01:33.5		
3	39:38.0	14011	Daryl Johnson	Male	3																										
4	39:49.6	37586	Matt Jackson	Male	4	01:33.3	01:39.3	01:36.9	01:35.4	01:36.0	01:35.4	01:35.3	01:35.8	01:36.1	01:36.9	01:36.1	01:37.0	01:36.7	01:35.8	01:36.3	01:35.5	01:35.5	01:35.4	01:35.6	01:35.8	01:36.0	01:34.8	01:35.7	01:33.9	01:29.4	
5	39:58.0	37602	Jamie Wilkinson	Male	5	01:33.6	01:38.8	01:36.3	01:35.7	01:36.4	01:35.1	01:35.6	01:35.2	01:36.7	01:35.9	01:36.6	01:36.9	01:37.1	01:36.1	01:36.5	01:34.7	01:34.7	01:35.8	01:35.4	01:35.5	01:36.2	01:36.4	01:34.9	01:36.5		
6	41:41.3	37581	Attalus Dardanus	Male	6	01:30.8	01:39.9	01:39.2	01:35.3	01:36.2	01:35.0	01:35.3	01:35.6	01:37.8	01:40.0	01:43.3	01:43.9	01:44.8	01:48.0	01:48.9	01:47.0	01:42.1	01:36.6	01:43.3	01:41.1	01:40.2	01:41.3	01:40.8	01:38.0	01:37.0	
7	41:51.5	37595	Dee Roe	Female	1	01:37.8	01:41.0	01:39.3	01:39.4	01:41.6	01:39.7	01:42.0	01:39.9	01:41.7	01:39.6	01:40.2	01:39.3	01:41.1	01:40.2	01:40.8	01:41.6	01:41.1	01:43.1	01:40.4	01:42.6	01:41.3	01:43.6	01:43.0	01:40.3	01:30.9	
8	41:54.3	37603	Jana Wright	Female	2	01:37.7	01:40.7	01:39.5	01:39.3	01:41.5	01:39.8	01:41.5	01:40.2	01:41.5	01:40.0	01:39.9	01:40.4	01:40.3	01:40.6	01:40.6	01:41.5	01:41.2	01:42.7	01:41.2	01:42.2	01:41.6	01:43.5	01:43.0	01:41.5	01:32.5	
9	41:59.5	37583	Sarah Greenwood	Female	3	01:37.5	01:40.7	01:39.3	01:39.3	01:41.6	01:40.6	01:41.3	01:39.7	01:41.3	01:40.1	01:40.0	01:39.8	01:41.2	01:40.4	01:41.2	01:40.5	01:40.8	01:43.0	01:41.0	01:42.8	01:40.1	01:44.4	01:43.5	01:40.5	01:39.2	
10	42:18.4	37600	Clare Wardle	Female	4	01:33.7	01:39.6	01:38.0	01:38.6	01:39.6	01:41.1	01:42.0	01:40.3	01:40.0	01:39.9	01:42.3	01:42.3	01:42.4	01:44.0	01:40.9	01:42.5	01:44.1	01:44.4	01:44.9	01:46.2	01:43.6	01:45.7	01:44.4	01:43.4	01:34.6	
11	42:20.2	13536	Alicia Coles	Female	5	01:33.4	01:40.2	01:36.9	01:37.3	01:40.5	01:40.9	01:44.6	01:40.2	01:40.2	01:41.4	01:43.6	01:43.4	01:43.2	01:43.2	01:43.7	01:43.4	01:44.7	01:45.0	01:42.9	01:42.9	01:44.9	01:43.9	01:42.1	01:38.2	01:38.2	
12	42:46.9	37588	Tim Karajas	Male	7	01:32.8	01:40.1	01:37.5	01:36.9	01:39.9	01:40.6	01:41.5	01:42.7	01:41.6	01:41.6	01:43.6	01:43.0	01:43.5	01:43.3	01:43.5	01:46.3	01:46.8	01:47.3	01:47.0	01:47.2	01:45.3	01:47.0	01:45.5	01:42.4	01:38.0	
13	42:48.3	37468		Male	8	01:31.3	01:38.5	01:40.8	01:35.9	01:38.6	01:38.4	01:41.6	01:39.5	01:42.4	01:42.0	01:43.5	01:43.2	01:41.5	01:44.6	01:44.3	01:43.3	01:46.4	01:47.2	01:46.4	01:50.5	01:49.1	01:48.9	01:49.6	01:48.5	01:32.3	
14	43:28.7																														