WAMC JOHN FORREST 40 MILER – 16th April 2006

PLACE	RACE NO	NAME	LEG 1	LEG 2	LEG 3	LEG 4	LEG 5	LEG 6	LEG 7	FINISH
1	1	MICK FRANCIS	33.34	1.11.00	1.48.37	2.23.44	2.57.06	3.33.48	4.11.20	4.50.44
2	2	GARY CARLTON	37.40	1.18.00	1.57.50	2.37.19	3.16.19	3.59.25	4.43.40	5.30.08
3	7	DANIEL CLAUGHTON	37.40	1.18.00	1.57.50	2.37.21	3.16.18	3.59.25	4.45.50	5.47.03
4	5	LIZ NEVILLE	38.25	1.19.50	2.04.30	2.47.22	3.28.24	4.15.15	5.02.40	5.50.17
5	3	DON PATTINSON	38.24	1.19.12	1.59.15	2.38.31	3.17.52	4.06.05	5.00.40	5.56.13
6	6	JASON BERRY	41.13	1.25.30	2.10.45	2.55.36	3.36.29	4.23.00	5.10.20	6.00.03
7	4	ROBERT SEGAL	41.13	1.25.30	2.10.40	2.55.36	3.36.29	4.23.00	5.10.20	6.00.05

JOHN FORREST 40 MILER RELAY

PLACE	TEAM NO	TEAM	LEG 1	LEG 2	LEG 3	LEG 4	LEG 5	LEG 6	LEG 7	FINISH
1	R10	**YOUNG AND THE RESTLESS**	35.00	1.09.00	1.40.00	2.11.32	2.40.56	3.13.40	3.45.35	4.18.53
2	R14	DARREN JENKINS LUC ENGLISH **5 ATHLETES & STEVE**	37.00	1.09.02	1.39.10	2.09.04	2.49.12	3.34.25	4.00.24	4.46.25
3	R12	SAMUEL DEFIDDES MYLES FERRELL STEPHEN DEFIDDES BROOKE FERRELL REBECCA DEFIDDES SCOTT FERRELL **SWEET AND SOUR**	37.43	1.19.25	2.00.45	2.40.19	3.15.48	3.55.26	4.33.50	5.10.36
4	R15	DAVE HENDERSON CHRIS MAHER **THE RECOVERY WAGON**	43.03	1.31.40	2.19.40	3.03.26	3.40.26	4.23.40	5.08.00	5.54.17
5	R16	TERRY CUNNINGHAM PHIL BAKER **SEMAWI**	37.43	1.20.10	2.05.40	2.50.34	3.32.08	4.19.50	5.08.30	5.59.45
6	R11	DES MALLON MIKE WILKIN NEOL SEGEMAN **THE OLD AND THE BEAUTIFUL**	43.00	1.31.40	2.19.40	3.03.26	3.45.17	4.36.00	5.30.30	6.22.35
7	R13	RICHARD RUSSELL JANE ELTON **THE CHARDONNAY SET**	41.20	1.28.25	2.14.56	2.59.27	3.44.52	4.36.00	5.30.30	6.22.35
		CHRISTINE PATTINSON GERALDINE CARLTON								