

# WAMC JOHN FORREST CROSS COUNTRY – 12<sup>th</sup> March, 2006

## 12.6km HANDICAP

## 6km

Overall Place	Time	Female	Name	Age Cat	Place	Member No.	Handicap	Total
1	39:38		ENGLISH, Luc	M35	1	7145	8:55	48:33
2	41:29		BERG, Craig	M30	1	3426	15:50	57:19
3	42:04		ROBERTS, Ian	M50	1	6350	21:01	1:03:05
4	42:26		ALLEN, John	M45	1	6227	13:34	56:00
5	42:44		LA SPINA, Matt*	M16	1	7454	9:03	51:47
6	43:05		GROSE, Peter	M55	1	6680	16:45	59:50
7	43:21		TAPSCOTT, Michael	M30	2	N	10:00	53:21
8	43:25		ROBERTSON, Trevor*	M50	2	5891	17:32	1:00:57
9	43:47		MCMEIKAN, Kelwyn	M25	1	7880	15:42	59:29
10	44:00		ZEVENBERGEN, Marcel	M30	3	7846	11:54	55:54
11	44:03		DUFTY, Craig	M30	4	1864	8:55	52:58
12	44:14		MORGAN, Geoff	M55	2	7833	18:51	1:03:05
13	44:18		MAY, Samuel	M16	2	7115	7:52	52:10
14	44:25		PENTECOST, John	M45	2	6076	13:38	58:03
15	44:33	1	VARTAN, Jennie	F45	1	7899	16:16	1:00:49
16	44:41		DAWSON, Mark	M45	3	7771	16:31	1:01:12
17	45:05		KLICKE, Dirk	M30	5	N	10:00	55:05
18	45:06		CUNNINGHAM, Graham	M25	2	N	10:00	55:06
19	45:17		KOWALSKI, Chris	M45	4	5670	19:05	1:04:22
20	45:32		HAUSTEAD, Bruce	M40	1	5465	14:55	1:00:27
21	45:35		BOHAN, Raymond	M16	3	7680	8:12	53:47
22	45:40		EDWARDS, Bob	M40	2	4144	21:19	1:06:59
23	46:12	2	YOD, Joanne	F30	1	7803	21:29	1:07:41
24	46:49		NICOL, Prabuddha	M45	5	5668	11:13	58:02
25	46:56		FROST, Robert	M65	1	2735	21:49	1:08:45
26	47:16		HOLLOWAY, Graeme	M45	6	7068	22:49	1:10:05
27	48:13		MILLIGAN, Neil	M40	3	7640	22:15	1:10:28
28	48:36		HICKEY, John	M55	3	4914	25:00	1:13:36
29	48:37		SCOTT, Shay	M20	1	N	10:00	58:37
30	49:07	3	COLLIS, Mandy	F40	1	N	20:00	1:09:07
31	49:30		LAZARUS, Ivan	M50	3	7731	17:06	1:06:36
32	50:51		RACE NO, 457			N	20:00	1:10:51
33	51:14		WATKINS, Martin	M55	4	3920	20:27	1:11:41
34	51:28		FURSE, Nigel	M50	4	6820	11:05	1:02:33
35	51:47		MCGRATH, Rodney	M50	5	6446	23:27	1:15:14
36	53:00		SELFE, Philip	M45	7	N	10:00	1:03:00
37	54:24		DOUGALL, Robert*	M55	5	4683	25:00	1:19:24
38	56:57	4	FRY, Melissa	F30	2	N	20:00	1:16:57
39	1:00:49		HAYES, Douglas*	M55	6	4534	25:00	1:25:49
40	1:04:55		PHILLIPS, Jonathon	M30	6	7636	20:11	1:25:06
41	1:05:27	5	WRIGHT, Joan	F50	1	N	20:00	1:25:27
42	1:08:07		ANDERSON, Jason	M30	7	7576	10:00	1:18:07
43	1:10:54		WINTER, Russell	M35	2	7886	25:00	1:35:54
44	1:11:04	6	OTTENS, Bayer	F50	2	6882	25:00	1:36:04
45	1:11:05		SMITH, Larry	M55	7	6881	25:00	1:36:05
46	1:14:51		GRIMMINCK, Shane	M35	3	5694	9:29	1:24:20

Place	Time	Female	Name	Age Cat	Place	Member No.
1	22:47		NENER, Kenji	MU	1	7851
2	33:24	1	BOWMAN, Amanda	F25	1	7877
3	36:39		MANN, James	M60	1	N
4	37:26	2	HOLLIN, Grace	F45	1	7767
5	1:07:28		NENER, Brett	M50	1	2985
6	1:20:15	3	DEFIDDES, Rebecca	FU	1	7519
7	1:20:37		WANNBERG, Jon	M35	1	5917