

# WAMC JOHN GILMOUR 10k TRACK RACE – 30<sup>th</sup> Nov, 2007

## RACE 1

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
1	38:09		LANDERS, Grant	M30	1	N	3:49
2	40:10		NOONAN, Benjamin	M30	2	7787	4:01
3	40:41		CARSE, Bert	M65	1	7119	4:04
4	41:02		BRAND, Bradley	M35	1	N	4:06
5	41:34		JAMAL, Fayaz	M50	1	6923	4:09
6	42:38		SINGLETON, Terry	M40	1	5274	4:16
7	42:50		ELDON, George	M35	2	8372	4:17
8	44:56		MACBETH, Robert	M50	2	549	4:30
9	45:25		ROBERTS, Ian	M50	3	6350	4:33
10	45:33		PATTINSON, Don	M50	4	4643	4:33
11	45:35		BROWN, Ivan	M60	1	4333	4:34
12	48:05		DEANS, Alan	M55	1	N	4:49
13	48:56		PHILLIPS, Jonathon	M30	3	7636	4:54
14	50:26	<sup>1</sup>	GARNETT, Kathy	F35	1	8213	5:03
15	52:45		LEONARD, Simon	M45	1	5187	5:17
16	66:30	<sup>2</sup>	SHILLINGLAW, Loretta	F65	1	6448	6:39

## STATE 10k TRACK CHAMPIONSHIP

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
1	30:26		MACLEAN, Angus	M25	1	8532	3:03
2	30:54		BUSI, Roberto	M30	1	7725	3:05
3	32:28		INGRAHAM, Todd	M30	2	N	3:15
4	33:15		MITCHELL, Paul	M35	1	N	3:20
5	33:43		DRAKE, Jeremy	M25	2	N	3:22
6	34:20		SCHMITT, Clemens	M40	1	4561	3:26
7	34:38		BERRY, Jason	M35	2	7352	3:28
8	34:54		CHRISTIE, Terry	M30	3	N	3:29
9	34:56	<sup>1</sup>	SPENCER, Linda	F25	1	8382	3:30
10	35:48		ROACH, Brett	M35	3	N	3:35
11	36:15		HANDS, Cyrus	M20	1	N	3:38
12	36:18		KLICKEK, Dirk	M30	4	8209	3:38
13	36:20		WEBSTER, James	M25	3	N	3:38
14	36:20		STAHL, Tony	M35	4	5365	3:38
15	36:24	<sup>2</sup>	SHEEDY-RYAN, Felicity	F20	1	N	3:38
16	36:31		LA SPINA, Matt*	M20	2	7454	3:39
17	36:45		PENDSE, Jon	M25	4	8313	3:41
18	36:53		WAKELING, Christian	M30	5	N	3:41
19	36:57		MURRAY, Nick	M20	3	N	3:42
20	36:58		SOLOMON, David	M40	2	N	3:42
21	37:24	<sup>3</sup>	GRAYSON-CASSEY, Gina	F30	1	N	3:44
22	37:31		NEWELL, Ian	M35	5	8072	3:45
23	37:33	<sup>4</sup>	MACLEAN, Bethan	F25	2	8533	3:45
24	38:37		DYBDAHL, Bjorn	M50	1	6477	3:52
25	39:54		ODAM, Paul	M45	1	1439	3:59
26	41:48	<sup>5</sup>	THORPE, Rochelle	F20	2	N	4:11