

WAMC LAKE JOONDALUP – 29th April, 2007

(Incorporating the State 10k Road Championships)

State 10k Road Champions – Roberto Busi & Lauren Shelley

5km

| Place | Time | Female | Name | Age Cat | Place | Member No. | Av km | Rate |
|-------|-------|--------|-----------------------|---------|-------|------------|-------|------|
| 1 | 16:34 | | HUNT, Brendan | M16 | 1 | 7850 | 3:19 | |
| 2 | 16:58 | | NENER, Kenji | MU16 | 1 | 7851 | 3:24 | |
| 3 | 17:47 | | BRIGHTMAN, Matthew | MU16 | 2 | N | 3:33 | |
| 4 | 17:53 | | BROWN, Cameron | M16 | 2 | N | 3:35 | |
| 5 | 17:57 | | HEYWOOD, Ethan | MU16 | 3 | 7493 | 3:35 | |
| 6 | 17:59 | | DEWAR, Matthew | M16 | 3 | N | 3:36 | |
| 7 | 18:01 | | MARSIGLIA, Simon | MU16 | 4 | N | 3:36 | |
| 8 | 18:09 | | STORER, Matthew | MU16 | 5 | N | 3:38 | |
| 9 | 18:19 | | LAZARUS, David* | MU16 | 6 | 7733 | 3:40 | |
| 10 | 18:21 | | NEWELL, Ian | M35 | 1 | 8072 | 3:40 | |
| 11 | 18:29 | | INGRAM, Jeremy | M30 | 1 | 8220 | 3:42 | |
| 12 | 18:54 | | HENDERSON, Alastair | MU16 | 7 | 7769 | 3:47 | |
| 13 | 19:49 | | RICHARDSON, Nel | M40 | 1 | N | 3:58 | |
| 14 | 20:13 | | HENDERSON, David | M45 | 1 | 7035 | 4:03 | |
| 15 | 20:21 | | WHITE, Ian | M40 | 2 | 7039 | 4:04 | |
| 16 | 20:23 | | DUNSTAN, David | M45 | 2 | 2566 | 4:05 | |
| 17 | 20:28 | | DAWSON, Mark | M45 | 3 | 7771 | 4:06 | |
| 18 | 20:52 | | MCAULEY, Duncan | M55 | 1 | N | 4:10 | |
| 19 | 21:00 | | CARATTOZZOLO, Rocco | M50 | 1 | N | 4:12 | |
| 20 | 21:22 | | HESLOP, Carl | M20 | 1 | 8270 | 4:16 | |
| 21 | 21:24 | | NENER, Brett | M50 | 2 | 2985 | 4:17 | |
| 22 | 21:30 | 1 | STOKELL, Georgia | FU16 | 1 | 8226 | 4:18 | |
| 23 | 21:37 | | ALLEN, Michael | M35 | 2 | N | 4:19 | |
| 24 | 21:44 | 2 | GILCHRIST, Liusaith | FU16 | 2 | N | 4:21 | |
| 25 | 21:47 | | DOUGLAS, Luke | M16 | 4 | 8121 | 4:21 | |
| 26 | 21:47 | | GOWER, Ronald | M25 | 1 | N | 4:21 | |
| 27 | 21:50 | | DOUGLAS, Philip | M55 | 2 | 633 | 4:22 | |
| 28 | 22:04 | 3 | RICHARDSON, Misha | FU16 | 3 | N | 4:25 | |
| 29 | 22:08 | 4 | VARTAN, Jennie | F45 | 1 | 7899 | 4:26 | |
| 30 | 23:20 | 5 | VIGORS, Shamee | FU16 | 4 | 8202 | 4:40 | |
| 31 | 23:31 | | GIMI, Raymond | M40 | 3 | 1927 | 4:42 | |
| 32 | 23:37 | 6 | SMITH, Brooke | FU16 | 5 | N | 4:43 | |
| 33 | 23:44 | | RICHARDS, Peter | M45 | 4 | 8262 | 4:45 | |
| 34 | 23:56 | | MCKAY, Sandy | MU16 | 8 | N | 4:47 | |
| 35 | 24:51 | 7 | THURLOW, Brooke | FU16 | 6 | 8012 | 4:58 | |
| 36 | 25:11 | 8 | CLEAR, Anne | F40 | 1 | 7755 | 5:02 | |
| 37 | 25:22 | 9 | BURGESS, Kylie | F20 | 1 | 8258 | 5:04 | |
| 38 | 25:26 | 10 | GILCHRIST, Ann | F45 | 2 | N | 5:05 | |
| 39 | 26:02 | 11 | MOSS, Sylvia | F40 | 2 | 8079 | 5:12 | |
| 40 | 26:33 | 12 | SEE, Maddison | FU16 | 7 | N | 5:19 | |
| 41 | 26:34 | 13 | BERRY, Dale | F40 | 3 | 8201 | 5:19 | |
| 42 | 26:36 | 14 | RICHARDS, Lindsay | F45 | 3 | 8261 | 5:19 | |
| 43 | 27:09 | 15 | DAVEY, Caroline | F45 | 4 | N | 5:26 | |
| 44 | 27:43 | | CHRISTODOULOU, George | M25 | 2 | N | 5:33 | |
| 45 | 29:29 | | ROBERTS, John | M60 | 1 | N | 5:54 | |
| 46 | 29:57 | | JERVIS, Paul | M40 | 4 | 7975 | 5:59 | |
| 47 | 30:10 | | PATTERSON, Keith | M55 | 3 | 7738 | 6:02 | |
| 48 | 33:17 | 16 | TURTON, Edith | F35 | 1 | N | 6:39 | |
| 49 | 33:24 | 17 | KONG, May* | F25 | 1 | 8045 | 6:41 | |
| 50 | 33:42 | | BERRY, Mike | M75 | 1 | 171 | 6:44 | |
| 51 | 34:26 | | PRENTICE, Michael | M60 | 2 | 3877 | 6:53 | |
| 52 | 37:02 | | BRAID, Robert | M55 | 4 | 35 | 7:24 | |
| 53 | 39:09 | 18 | GATT, Helen | F25 | 2 | N | 7:50 | |
| 54 | 43:30 | 19 | QUINN, Karene* | F35 | 2 | 7209 | 8:42 | |
| 55 | 43:30 | 20 | DAVIS, Pauline | F60 | 1 | N | 8:42 | |

10km

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|----|-------|---|---------------------|-----|---|------|------|--|
| 1 | 33:08 | | BUSI, Roberto | M30 | 1 | 7725 | 3:19 | |
| 2 | 33:17 | | PATTERSON, Aaron | M16 | 1 | N | 3:20 | |
| 3 | 33:42 | | WICKS, Lennon | M25 | 1 | N | 3:22 | |
| 4 | 34:27 | | MAY, Samuel | M16 | 2 | 7115 | 3:27 | |
| 5 | 34:29 | | THOMPSON, Ian | M30 | 2 | 7874 | 3:27 | |
| 6 | 34:37 | | RUGGLES, David | M40 | 1 | 8172 | 3:28 | |
| 7 | 35:54 | | FUERY, Liam* | M25 | 2 | 7577 | 3:35 | |
| 8 | 35:58 | | GROBBELAAR, Marius | M35 | 1 | N | 3:36 | |
| 9 | 36:12 | | HANDS, Cyrus | M20 | 1 | N | 3:37 | |
| 10 | 36:15 | | JALPA, Felipe | M30 | 3 | 8183 | 3:38 | |
| 11 | 36:38 | | WAKELING, Christian | M30 | 4 | N | 3:40 | |
| 12 | 36:44 | | SULLIVAN, Peter | M45 | 1 | 4863 | 3:40 | |
| 13 | 36:45 | | MAHER, Christopher | M50 | 1 | 1289 | 3:41 | |
| 14 | 37:08 | | CUMMINS, Terry | M40 | 2 | 6707 | 3:43 | |
| 15 | 37:10 | | GOWER, Alan | M50 | 2 | 4614 | 3:43 | |
| 16 | 37:18 | 1 | SHELLEY, Lauren | F30 | 1 | 6999 | 3:44 | |
| 17 | 37:52 | | LA SPINA, Matt* | M16 | 3 | 7454 | 3:47 | |
| 18 | 38:08 | | SZALEK, Mike | M45 | 2 | 5774 | 3:49 | |

10km (cont.)

| Place | Time | Female | Name | Age Cat | Place | Member No. | Av km | Rate |
|-------|---------|--------|-----------------------|---------|-------|------------|-------|------|
| 19 | 38:21 | | CATTRALL, Robert | M45 | 3 | 4793 | 3:50 | |
| 20 | 38:32 | | LOVE, Mark | M35 | 2 | 8006 | 3:51 | |
| 21 | 38:36 | | KLICKER, Dirk | M30 | 5 | 8209 | 3:52 | |
| 22 | 38:42 | | SMITH, Patrick | M40 | 3 | 7359 | 3:52 | |
| 23 | 38:49 | | ODAM, Paul | M45 | 4 | 1439 | 3:53 | |
| 24 | 39:31 | | DYBDAHL, Bjorn | M50 | 3 | 6477 | 3:57 | |
| 25 | 39:34 | | FINDLAY, Dyson | M35 | 3 | N | 3:57 | |
| 26 | 39:45 | | HUGHES, Peter | M40 | 4 | N | 3:59 | |
| 27 | 39:47 | | GRIFFITHS, John* | M50 | 4 | 6262 | 3:59 | |
| 28 | 39:49 | | COMBER, Richard | M40 | 5 | N | 3:59 | |
| 29 | 40:17 | | O'DONNELL, Manus | M40 | 6 | 7285 | 4:02 | |
| 30 | 40:24 | | HARDMAN, Craig | M40 | 7 | 7056 | 4:02 | |
| 31 | 40:32 | | KELLY, Michael | M60 | 1 | 7336 | 4:03 | |
| 32 | 40:52 | | GEORGE, Eldon | M35 | 4 | N | 4:05 | |
| 33 | 41:09 | 2 | WALKER, Amanda | F40 | 1 | N | 4:07 | |
| 34 | 41:11 | | BOURKE, Simon | M35 | 5 | 8176 | 4:07 | |
| 35 | 41:13 | | GROSE, Peter | M55 | 1 | 6680 | 4:07 | |
| 36 | 42:44 | | FRAMPTON, Chris | M40 | 8 | 5969 | 4:16 | |
| 37 | 42:45 | | UREN, Graeme | M35 | 6 | 6083 | 4:17 | |
| 38 | 43:02 | | CARSE, Bert | M65 | 1 | 7119 | 4:18 | |
| 39 | 43:13 | | BURNELL, Richard* | M45 | 5 | 6694 | 4:19 | |
| 40 | 43:17 | 3 | TARULLI, Mirella | F40 | 2 | 7503 | 4:20 | |
| 41 | 43:18 | | HARDMAN, Gary | M40 | 9 | N | 4:20 | |
| 42 | 43:31 | 4 | GILLARD, Emma | F35 | 1 | 7798 | 4:21 | |
| 43 | 43:54 | 5 | CRIDDLE, Barbara | F40 | 3 | 7701 | 4:23 | |
| 44 | 44:08 | 6 | COSTELLO, Carina | F40 | 4 | 2411 | 4:25 | |
| 45 | 44:09 | | ELTON, David | M30 | 6 | 8114 | 4:25 | |
| 46 | 44:29 | | LANOELLE, Max | M25 | 3 | N | 4:27 | |
| 47 | 44:32 | | BELL, Richard | M35 | 7 | 8062 | 4:27 | |
| 48 | 44:36 | | GRIFFIN, Rod | M45 | 6 | 8219 | 4:28 | |
| 49 | 44:41 | | SINGLETON, Terry* | M40 | 10 | 5274 | 4:28 | |
| 50 | 44:56 | | WONG, Jackson* | M40 | 11 | 7063 | 4:30 | |
| 51 | 45:01 | | MOULLIN, Digby | M25 | 4 | N | 4:30 | |
| 52 | 45:35 | | KAY, Robert | M35 | 8 | N | 4:34 | |
| 53 | 45:41 | 7 | RICHARDS, Adele | FU16 | 1 | 8260 | 4:34 | |
| 54 | 46:21 | | SOUTHERN, Lee | M35 | 9 | N | 4:38 | |
| 55 | 46:24 | | TAYLOR, Bill | M55 | 2 | 5572 | 4:38 | |
| 56 | 46:40 | 8 | HAINES, Dee | F45 | 1 | 8010 | 4:40 | |
| 57 | 46:42 | | BOSHOF, Herculaas | M35 | 10 | N | 4:40 | |
| 58 | 47:05 | | QUINN, Andrew* | M40 | 12 | 7208 | 4:43 | |
| 59 | 47:22 | | KEMP, Ian | M45 | 7 | 8136 | 4:44 | |
| 60 | 47:39 | | MACBETH, Robert | M50 | 5 | 549 | 4:46 | |
| 61 | 48:00 | | HOLT, Ian | M50 | 6 | N | 4:48 | |
| 62 | 48:04 | | MACNEALL, Edward | M45 | 8 | 8212 | 4:48 | |
| 63 | 48:14 | | FROST, Robert | M65 | 2 | 2735 | 4:49 | |
| 64 | 48:16 | 9 | GOWER, Karyn | F45 | 2 | 4150 | 4:50 | |
| 65 | 48:55 | | FALCONER, Rob | M30 | 7 | N | 4:54 | |
| 66 | 49:02 | | MALLON, Desmond | M50 | 7 | 4062 | 4:54 | |
| 67 | 49:11 | | GROVI, Eugene | M25 | 5 | N | 4:55 | |
| 68 | 49:15 | 10 | SOUTHERN, Amanda | F30 | 2 | N | 4:56 | |
| 69 | 50:08 | 11 | KAY, Abigail | F30 | 3 | N | 5:01 | |
| 70 | 50:23 | 12 | WALKLEY, Claire | F40 | 5 | 6897 | 5:02 | |
| 71 | 50:48 | | SCOTT, David | M55 | 3 | 5661 | 5:05 | |
| 72 | 50:53 | | THURLOW, Brian | M55 | 4 | 932 | 5:05 | |
| 73 | 51:00 | | FACKERELL, Mark | M35 | 11 | N | 5:06 | |
| 74 | 51:04 | | DYMOND, Frank | M65 | 3 | 409 | 5:06 | |
| 75 | 51:48 | | ORIGLIO, Vic | M40 | 13 | N | 5:11 | |
| 76 | 51:48 | | KLICKER, Erich | M60 | 2 | N | 5:11 | |
| 77 | 52:00 | 13 | ORMSBY, Joanne | F60 | 1 | 949 | 5:12 | |
| 78 | 52:29 | 14 | MCKAY, Elke | F40 | 6 | N | 5:15 | |
| 79 | 52:58 | | HICKEY, John | M55 | 5 | 4914 | 5:18 | |
| 80 | 54:18 | | WILKIN, Michael | M55 | 6 | 7152 | 5:26 | |
| 81 | 54:24 | | MORREY, Glyn | M45 | 9 | N | 5:26 | |
| 82 | 55:48 | | RIXOM, David | M65 | 4 | 6958 | 5:35 | |
| 83 | 56:43 | 15 | BANTI, Celine | F20 | 1 | N | 5:40 | |
| 84 | 58:13 | | DE SENNEVILLE, Gerard | M50 | 8 | N | 5:49 | |
| 85 | 58:18 | 16 | GROBBELAAR, Madalena | F35 | 2 | N | 5:50 | |
| 86 | 58:22 | 17 | FORDEN, Margery | F65 | 1 | 188 | 5:50 | |
| 87 | 59:46 | 18 | MCAULEY, Fiona | F55 | 1 | N | 5:59 | |
| 88 | 59:56 | | HAYRES, Bob | M75 | 1 | 103 | 5:60 | |
| 89 | 1:00:02 | 19 | NOLAN, Nicole | F35 | 3 | N | 6:00 | |
| 90 | 1:00:02 | | WALKLEY, Cecil | M75 | 2 | 4539 | 6:00 | |
| 91 | 1:00:29 | | JAMIESON, Ian | M45 | 10 | N | 6:30 | |
| 92 | 1:04:58 | 20 | ANDERSON, Helen* | F60 | 2 | 7979 | 8:45 | |
| 93 | 1:27:26 | 21 | WILKIN, Bev | F55 | 2 | 7524 | 8:45 | |
| 94 | 1:27:29 | 22 | MALLON, Leandra | F45 | 3 | 6890 | 9:59 | |