

# WAMC LAKE MONGER RUN – 8<sup>th</sup> June, 2008

## 3 km

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
1	10:15		KLICKER, Dirk*	M30	1	8209	3:25
2	10:22		FERRELL, Scott*	M16	1	7333	3:27
3	10:31		PENDSE, Jon	M25	1	8313	3:30
4	11:07		CUTTS, Mark	M25	2	8353	3:42
5	11:14		CASTLE, Joshua	MU	1	7867	3:45
6	11:17		GROSE, Peter	M55	1	6680	3:46
7	11:22	1	CASTLE, Hannah	FU	1	7866	3:47
8	11:55		DEFIDDES, Samuel	MU	2	7520	3:58
9	12:04		LEONARD, Simon	M45	1	5187	4:01
10	12:08	2	O'DEA, Sally*	F25	1	7575	4:03
11	12:23	3	KING, Bianca	FU	2	N	4:08
12	12:31	4	THORNE, Rikki	FU	3	N	4:10
13	12:36	5	SHEARD, Kelly	F16	1	N	4:12
14	12:44	6	JONES, Emily	F16	2	N	4:15
15	12:45	7	TATLOW, Claudia	FU	4	N	4:15
16	12:45	8	MULVAY, Courtney	FU	5	N	4:15
17	12:45	9	BRADSHAW, Clancy	FU	6	N	4:15
18	13:04	10	FITZGERALD, Kate	FU	7	N	4:21
19	13:13	11	JASPER, Emily	F16	3	N	4:24
20	13:14		ALCO, Mitchell	MU	3	8319	4:25
21	13:14	12	KIDNER, Brittany	FU	8	N	4:25
22	13:19	13	THORNTON, Phoebe	F16	4	N	4:26
23	13:27	14	KOLM, Ella	FU	9	N	4:29
24	13:29	15	SIVERTSEN, Sinead	FU	10	N	4:30
25	13:30	16	TATLOW, Nicola	F16	5	N	4:30
26	13:31	17	PEGNUM, Kelsey	FU	11	N	4:30
27	13:32	18	FERRELL, Brooke*	FU	12	7334	4:31
28	13:35	19	MACDONALD, Erica	FU	13	N	4:32
29	13:40		ALCO, James	M40	1	8316	4:33
30	13:43	20	HOOPER, Sophie	FU	14	N	4:34
31	13:44		LEONARD, Jamie	MU	4	8341	4:35
32	13:58	21	FRASER, Megan	FU	15	N	4:39
33	14:00	22	GIRANDO, Isabelle	FU	16	N	4:40
34	14:00	23	BURCH, Anna	FU	17	N	4:40
35	14:02	24	LEONARD, Sarah	FU	18	6472	4:41
36	14:11	25	ASHWIN, Danella	FU	19	N	4:44
37	14:15	26	RHODES, Jennifer	FU	20	N	4:45
38	14:18	27	GUELF, Jemima	F16	6	N	4:46
39	14:19	28	RIJKS, Suze	F16	7	N	4:46
40	14:20	29	O'BRIEN-OXLEY, Tara	FU	21	N	4:47
41	14:21	30	FLAHIVE, Sandra	F35	1	6141	4:47
42	14:22	31	FULCHER, Melanie	FU	22	N	4:47
43	14:23		EMMETT, Digby	MU	5	8401	4:48
44	14:25	32	O'CONNOR, Eloise	FU	23	N	4:48
45	14:28	33	PERRING, Jessica	FU	24	N	4:49
46	14:30	34	COMNINOS, Anastasia	FU	25	N	4:50
47	14:32	35	KIDNER, Chelsey	FU	26	N	4:51
48	14:33	36	ORR, Sophie	FU	27	N	4:51
49	14:35	37	BREYTENBACH, Margriet	FU	28	N	4:52
50	14:37	38	MALONE, Alexandra	FU	29	N	4:52
51	14:38	39	ANGWIN, Penny	FU	30	N	4:53
52	14:41	40	DOWNEY, Jacinta	F30	1	N	4:54
53	14:47	41	BAARS, Lena	FU	31	N	4:56
54	14:49	42	GARDINER, Anna	FU	32	N	4:56
55	14:53	43	O'CONNOR, Matilda	FU	33	N	4:58
56	14:54	44	SULLIVAN, Emily	FU	34	N	4:58
57	15:02	45	OLINS-MILLER, Tala	FU	35	N	5:01
58	15:03	46	PARKES, Harriet	FU	36	N	5:01
59	15:04	48	ASHLEY, Chrystal	F16	8	N	5:01
59	15:04	47	BOTT, Michelle	FU	37	N	5:01
60	15:10		BERRY, Dale			8201	
61	15:17		MCPHEE, Caitlin			N	
62	15:20		DODD, Danielle			N	
63	15:23		NAUDE, Ingrid			N	
64	15:27		TOMBIDES, Ashlee			N	
65	15:35		WEBER, Courtney			N	
66	15:36		MACPHERSON, Cassandra			N	
67	15:50		FAKE, Nicola			N	
68	16:03		FOLEY, Marie-claire			5313	
69	16:05		LARGE, Kirsty			N	
70	16:14		O'CONNOR, Gabrielle			N	
71	16:15		NEWELL, Amanda*			8073	
72	16:19		ROBSON, Natalie			N	
73	16:22		WILSON, Sarah			N	
74	16:25		JONGELING, Gemma			N	
75	16:33		THORN, Tobi			N	
76	16:39		NEESAM, Julie			7650	

## 3 km (cont.)

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
77	16:46		DE GRUCHY-ALCO, Gillian			8317	
78	17:13		PERRING, Sophie			N	
79	17:29		WOOD, Kathryn			N	
80	17:29		PEGNUM, Montana			N	
81	17:35		RYAN, Elena			N	
82	17:36		RYAN, Steve			N	
83	17:41		WILSON, Lucy			N	
84	17:53		BUSACCA, Anita			N	
85	17:55		VAN RIJNSWOUD, Fiona			N	
86	17:56		WATSON, Graham			8081	
87	17:58		RILEY, Richard			7774	
88	18:23		IYER, Natalia			N	
89	18:40		RILEY, Vera			7775	
90	18:48		LANGFORD, Natalie			N	
91	18:56		ELTOULCHI, Soad			N	
92	22:37		EMMETT, Finnian			8402	
93	26:58		KEMP, Michelle			N	
94	37:59		HURRING, Dianna			N	
95	38:36		CAMERON, Lynley			N	
96	38:38		CAMERON, Jenny			N	
97	38:39		CAMERON, Nola			N	
98	38:40		ALLEN, Ailsa			N	

## 10 km

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
1	34:33		THOMPSON, Ian	M30	1	7874	3:27
2	35:44		FUERY, Liam*	M25	1	7577	3:34
3	36:20		NEWELL, Ian John*	M35	1	8072	3:38
4	36:53		COATES, Simon*	M35	2	7349	3:41
5	37:23		NICKLETTE, Gavin	M20	1	7920	3:44
6	37:42		SULLIVAN, Peter	M45	1	4863	3:46
7	38:28		ARTHUR, Daniel	M20	2	N	3:51
8	38:52		ORR, Justin	M25	2	N	3:53
9	38:59		BRADSELL, Rob*	M35	3	7510	3:54
10	39:05		IRELAND, Kevin	M35	4	5177	3:55
11	39:36		BERG, Craig*	M30	2	3426	3:58
12	39:39	1	JAREB, Nera	F25	1	N	3:58
13	39:42		CATTRALL, Robert	M50	1	4793	3:58
14	39:43		GEMMELL, Mark	M30	3	N	3:58
15	39:46	2	OLIVER, Monique	F20	1	N	3:59
16	40:00		NOONAN, Benjamin	M30	4	7787	4:00
17	40:12		FERGUSON, James	M35	5	N	4:01
18	40:33		LANDELLE, Max	M25	3	N	4:03
19	40:57		BELL, Richard	M35	6	8062	4:06
20	41:09		TIMLIN, David	M20	3	N	4:07
21	41:12		KAY, Robert	M35	7	8443	4:07
22	41:26		THORSTENSEN, Karl	M40	1	N	4:09
23	41:27		LANGFORD, Grant	M25	4	N	4:09
24	41:29		HUGHES, Vincent	M45	2	N	4:09
25	41:48		OWEN, James	M35	8	N	4:11
26	41:52		LEWIS, David	M35	9	N	4:11
27	41:54		SINGLETON, Terry	M40	2	5274	4:11
28	42:10		LANE, Bob	M60	1	N	4:13
29	42:19		CASEY, Zeb	M25	5	N	4:14
30	42:23		DAWSON, Mark	M45	3	7771	4:14
31	42:26		DRURY, Tom	M60	2	N	4:15
32	42:34	3	DEFIDDES, Rebecca	FU	1	7519	4:15
33	42:36		FERRELL, Myles*	M35	10	1065	4:16
34	43:18		JAWORSKI, Ted	M55	1	7083	4:20
35	43:27		HOLTAN, Kristoffer	M30	5	N	4:21
36	43:42	4	TIBBITS, Jenni	F20	2	6721	4:22
37	43:43	5	COLLIS, Mandy	F40	1	N	4:22
38	43:51		MARR, Timothy James	M25	6	08546	4:23
39	43:54		HALL, Toby	M45	4	N	4:23
40	43:57		GRIFFITHS, Sean	M40	3	7910	4:24
41	43:57		NESBITT, Michael	M40	4	8451	4:24
42	44:00		LAWSON, Grant*	M25	7	4984	4:24
43	44:00	6	MARR, Julia	F30	1	N	4:24
44	44:04		LUXFORD, Neil	M50	2	7611	4:24
45	44:33	7	COSTELLO, Carina	F40	2	2411	4:27
46	44:34		ROBERTS, Ian	M50	3	6350	4:27
47	44:40		HEARN, Michael	M40	5	8526	4:28
48	44:50		DOWIE, Jack	M45	5	N	4:29
49	44:54	8	GRIEVE, Linda	F30	2	N	4:29

## 10 km (cont.)

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
50	45:27		<b>EMMETT</b> , Eric	M45	6	2084	4:33
51	45:44	<sup>9</sup>	<b>HUGHES</b> , Carol	F45	1	577	4:34
52	45:53	<sup>10</sup>	<b>AMPRINO</b> , Sueli	F30	3	8169	4:35
53	46:05		<b>KING</b> , Malcolm	M30	6	N	4:37
54	46:21		<b>COWARD</b> , Trevor	M45	7	6406	4:38
55	46:22		<b>NESBITT</b> , Daniel	MU	1	8455	4:38
56	46:53	<sup>11</sup>	<b>JOHNSTON</b> , Michelle	F40	3	N	4:41
57	47:09	<sup>12</sup>	<b>NOONAN</b> , Jennifer	F25	2	7788	4:43
58	47:23	<sup>13</sup>	<b>DELAURENTIS</b> , Lisa	F25	3	N	4:44
59	47:25		<b>FLAHIVE</b> , Martyn	M40	6	6140	4:45
60	47:26		<b>RILEY</b> , Ben	M16	1	7517	4:45
61	47:49	<sup>14</sup>	<b>KAY</b> , Abigail	F30	4	8444	4:47
62	47:57		<b>BAYLIS</b> , Peter	M45	8	8500	4:48
63	47:58		<b>WALL</b> , Stuart	M30	7	N	4:48
64	48:01		<b>KEMP</b> , Ian	M45	9	8136	4:48
65	48:20	<sup>15</sup>	<b>MACDONALD</b> , Jodi	F20	3	N	4:50
66	48:36		<b>LAWRENCE</b> , Stephen	M40	7	N	4:52
67	48:53		<b>NESBITT</b> , Luke	M16	2	8453	4:53
68	48:55		<b>DALLIMORE</b> , Kevin	M55	2	N	4:54
69	49:05	<sup>16</sup>	<b>HANSON</b> , Paula	F50	1	3154	4:55
70	49:18	<sup>17</sup>	<b>JAREB</b> , Visnja	F25	4	N	4:56
71	49:19	<sup>18</sup>	<b>MACALE</b> , Libby	F50	2	N	4:56
72	49:21		<b>TAYLOR</b> , Bill	M55	3	5572	4:56
73	49:38		<b>DYMOND</b> , Frank	M70	1	409	4:58
74	49:57		<b>O'LEARY</b> , Matthew	M30	8	N	4:60
75	49:57		<b>MELIS</b> , David	M30	9	N	4:60
76	50:13	<sup>19</sup>	<b>BAIN</b> , Anne	F30	5	8541	5:01
77	50:47	<sup>20</sup>	<b>BLACKBEARD</b> , Angela	F30	6	N	5:05
78	50:50		<b>TAHMIZIAN</b> , Victor	M45	10	N	5:05
79	50:55		<b>LANE</b> , Dean	M35	11	N	5:06
80	51:25	<sup>21</sup>	<b>SIBRAA</b> , Roberta	F25	5	N	5:09
81	51:31		<b>THURLOW</b> , Brian	M55	4	932	5:09
82	51:32		<b>DUVAL</b> , Mathieu	M25	8	N	5:09
83	51:33	<sup>22</sup>	<b>SAMUELL</b> , Jacinta	F25	6	N	5:09
84	51:42	<sup>23</sup>	<b>OLIVER</b> , Dianne	F50	3	N	5:10

## 10 km (cont.)

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km Rate
85	51:44	<sup>24</sup>	<b>LOOS</b> , Tina	F25	7	N	5:10
86	51:46	<sup>25</sup>	<b>RIBBINK</b> , Kim	F40	4	8065	5:11
87	51:57	<sup>26</sup>	<b>PERRY</b> , Larissa	F25	8	N	5:12
88	52:00		<b>CRAIG</b> , David	M50	4	7884	5:12
89	52:39		<b>COWIN</b> , Philip	M55	5	3833	5:16
90	52:55		<b>CLARKE</b> , Brendan	M45	11	1811	5:18
91	53:21	<sup>27</sup>	<b>COLLINS</b> , Lisa	F30	7	N	5:20
92	53:21	<sup>28</sup>	<b>HUIGENS</b> , Phoebe	F20	4	N	5:20
93	53:22	<sup>29</sup>	<b>LOK</b> , Vivien	F45	2	N	5:20
94	53:45		<b>GLAVAS</b> , Mario	M35	12	N	5:23
95	54:12	<sup>30</sup>	<b>HOURQUEBIE</b> , Glynis	F50	4	7475	5:25
96	54:38	<sup>31</sup>	<b>TENG</b> , Alison	F35	1	N	5:28
97	55:10	<sup>32</sup>	<b>BAYLIS</b> , Cathryn	F20	5	8501	5:31
98	55:26	<sup>33</sup>	<b>TIMMS</b> , Kelly	F30	8	N	5:33
99	55:26	<sup>34</sup>	<b>FELTON</b> , Heather	F35	2	N	5:33
100	56:13		<b>FELTON</b> , Philippe	M35	13	N	5:37
101	56:40	<sup>35</sup>	<b>TAYLOR</b> , Wendy	F50	5	5960	5:40
102	56:41		<b>HARRIS</b> , Gary	M50	5	4284	5:40
103	56:56		<b>BOVELL</b> , Geoff	M50	6	N	5:42
104	57:09		<b>SUPPIAH</b> , Mano	M45	12	N	5:43
105	57:19		<b>MATTISON</b> , Paul	M50	7	N	5:44
106	57:33	<sup>36</sup>	<b>FRANZMANN</b> , Ann	F45	3	N	5:45
107	59:21		<b>GALLAGHER</b> , Ian	M55	6	N	5:56
108	59:26		<b>HAYRES</b> , Bob	M75	1	103	5:57
109	59:30	<sup>37</sup>	<b>MACALPINE</b> , Rosie	F30	9	8120	5:57
110	1:00:53	<sup>38</sup>	<b>MALECKI</b> , Alicia	F20	6	N	6:05
111	1:02:44	<sup>39</sup>	<b>HADDLETON</b> , Trudy	F30	10	N	6:16
112	1:03:02	<sup>40</sup>	<b>BERRYMAN</b> , Malanie	F30	11	N	6:18
113	1:03:10		<b>WHISTLER</b> , Ken	M75	2	845	6:19
114	1:06:16	<sup>41</sup>	<b>MALLON</b> , Leandra	F45	4	6890	6:38
115	1:06:22	<sup>42</sup>	<b>THURMAN</b> , Jordan	F25	9	N	6:38
116	1:08:10	<sup>43</sup>	<b>IRWIN</b> , Frankie	F25	10	N	6:49
117	1:08:14	<sup>44</sup>	<b>FISHER</b> , Christine	F25	11	N	6:49
118	1:09:35	<sup>45</sup>	<b>MANGAN</b> , Niamh	F25	12	N	6:58
119	1:09:36	<sup>46</sup>	<b>ANDERSON</b> , Helen	F60	1	7979	6:58